

Improving Balance and Harmony

Three Part Clinic Series with Mollie Bachner



About the clinic:

In this three part series, Mollie will offer lessons that focus on different building blocks to a relaxed and enjoyable partnership. The clinic series is **open to riders and horses of all breeds, skill sets, and disciplines** as all the topics apply to everyone. The goal of the series is to help both horse and rider develop more **confidence** by improving overall **balance** and **relaxation**. It is not necessary to attend all three sessions but encouraged.

About Mollie:

Mollie is a dressage rider and trainer who has trained and competed successfully though Grand Prix but focuses on “dressage” as a more general term, meaning “to train.” Mollie uses the fundamentals of classical dressage as well as ground work, trail riding, cavaletti, and cross training to help achieve a mentally and physically happy horse. Her methods are gentle and kind to the horse, helping the horse seek and offer the right answer through clear aids. Visit her website at molliebachnerdressage.com for more information. Contact Mollie with questions at mollie@molliebachnerdressage.com or 802-299-7121, or ask Christine Bowden.

Location and Dates:

Heart and Heritage Stables in Charlotte, Vermont

Part 1 (March 31): *Balance*

Part 2 (April 20): *Relaxation*

Part 3 (May 5): *Thoughtness and Harmony*

Prices:

45 minute private lessons. Auditors are welcome free of charge but please bring a chair.

All three sessions: \$150

Two sessions: \$115

One session: \$65

Ring fee: \$15 per lesson for haul-ins, free for borders of Heart and Heritage Stables

Please note: payment is due one week prior to the first session you'd like to participate in. Checks, Venmo, or PayPal are accepted. Refunds available if spot is filled. There is a 5 rider minimum for each session.

Balance and Harmony Clinic Entry Form

Clinic Date(s) you wish to attend (circle all that apply):

March 31

April 20

May 5

Rider Name: _____ Phone Number: _____

Email Address: _____

Horse Name: _____ Age: _____ Breed: _____

Horse/Rider Info (anything you want Mollie to know eg. level, struggles, concerns, things you want to work on etc. Please include any special requests here as well such as time preferences):

All three sessions: \$150

Two sessions: \$115

One session: \$65

Ring fee (for non Heart and Heritage borders): \$15 (x number of days riding)

Total amount enclosed (please make checks out to Mollie Bachner): \$ _____

- Check this box if you are paying via PayPal or Venmo. Please choose "Friends and Family" option if using PayPal.

ALL PARTICIPANTS MUST SIGN THE FOLLOWING RELEASE & AGREEMENT

Under the Equine Activity Liability Act, each participant who engages in an Equine Activity expressly assumes the risks of engaging in and legal responsibility for injury, loss or damage to person or property resulting from the risk of Equine Activity. I understand that this is a high-risk sport and I am participating at my own risk. I hereby release and hold harmless Mollie Bachner, Mollie Bachner Dressage LLC, and Heart and Heritage Stables, the hosting farm, its owners and employees, attendants, spectators, the clinician and all others involved from all liability for accidents, damage, injury, or illness sustained or caused as a result of my participation in this clinic.

Participant signature: _____ Date: _____

Parent/guardian signature: _____ Date: _____
(if participant is under 18)

Owner signature: _____ Date: _____
(if different than participant or parent)

Please return this completed form to Mollie either by email at mollie@molliebachnerdressage.com or via mail to Mollie Bachner, 945 Dugway Road, Richmond, VT 05477. Mollie can be reached via email (mollie@molliebachnerdressage.com) or phone (802-299-7121) with questions. Feel free to check out her website for more information (molliebachnerdressage.com).